

**JASPAS**  
Sai Kung

**BREAKFAST**

# BREAKFAST MENU

## PASTRIES 糕點

### Basket of Croissants 70

Choice of Jam of Strawberry, Marmalade, Honey, Nutella  
牛角包伴果醬 可選草莓醬，柳橙醬，蜂蜜，榛子醬

### Mini Warm Homemade Banana Bread 70

Served with Butter & Honey 香蕉麵包 配牛油，蜂蜜

### Muffin of the Day 鬆餅 40

## BOWLS 早餐碗

### Jaspas Homemade Porridge 95

Served with Honey & Banana  
燕麥粥 配蜂蜜，香蕉

### Jaspas Muesli Bowl 95

Served with Fresh Fruit, Berries, Honey & Natural Yoghurt  
麥片 配水果，草莓，蜂蜜，乳酪

## PANCAKES 班戟

### Pancakes

3 Pancake Stack 班戟3片 100 or 6 Pancake Stack 班戟6片 180  
Served with Sliced Banana, Fresh Berries, Cream & Warm Maple Syrup  
配香蕉，草莓，奶油，楓糖漿

## EGGS 蛋早餐

### Eggs As You Like Them 可選任何一款 100

Scrambled 炒蛋, Poached 水波蛋 or Fried 煎蛋, Served on Toast 配多士

### Jaspas Open Omelette 招牌奄列 130

Choice of:

Fried Mushrooms & Caramelised Onions 炒蘑菇，焦糖洋蔥

Smoked Salmon & Spinach 三文魚，菠菜

Chicken, Avocado, Rocket, Feta, Tomato, Pomegranate & Onions

雞肉，牛油果，芝麻菜，菲達芝士，蕃茄，石榴，洋蔥

Served with Coffee or Tea 配咖啡或茶

### The Classic 4 Egg Omelette 4蛋奄列 130

Choice of Three Filling:

Ham, Smoked Salmon, Chicken, Tomato, Spinach, Mushroom,

Onion, Asparagus or Swiss Cheese, Served with Coffee or Tea

可選3款配料：火腿，煙三文魚，雞肉，蕃茄，菠菜，蘑菇，洋蔥，蘆筍，芝士  
配咖啡或茶

### Jaspas Eggs Benedict 班尼迪克蛋 125

Choice of:

**Eggs Benedict** 班尼迪克蛋 配菠菜，火腿，蘆筍

Toasted Muffin with Spinach, Country Ham & Asparagus

**Eggs Marianne** 班尼迪克蛋 配菠菜，煙三文魚

Toasted Muffin with Spinach & Smoked Salmon +10

### Jaspas Croissant Eggs Benedict 100

Two Poached Eggs with Rocket & Bearnaise Sauce

班尼迪克蛋，牛角包 配芝麻菜，賓利士汁

Two Poached Eggs with Spinach & Smoked Salmon +20

班尼迪克蛋，牛角包 配菠菜，煙三文魚 +20



## FAVOURITES 早餐精選

### Avocado Smash 90

牛油果蓉 配土耳其多士,菲達芝士,芝麻菜

Served on Toasted Turkish Bread, Sprinkled with Feta Cheese & Rocket

Add: Poached Eggs, Salmon or Bacon +20

可加配水波蛋或煙三文魚或火腿 +20

### Jaspas Mince on Toasted Turkish Bread 130

碎牛肉土耳其多士

### Jaspas BEST 精選招牌早餐 130

Bacon, Eggs (Any Style), Sausage, Hash Brown, Bake Beans, Tomato & Toast

Served with Coffee or Tea

精選招牌早餐配煙肉,雞蛋,香腸,薯餅,焗豆,蕃茄,多士

配咖啡或茶

### Steak & Eggs 130

Served with Toast, Sundried Tomato & Rocket Salad

牛扒煎蛋配多士,油漬蕃茄,芝麻菜沙律

## TOASTIES 特色烤多士

### Chicken & Avocado 115

雞肉牛油果多士

### Bacon, Lettuce & Tomato 110

煙肉生菜蕃茄多士

## KIDS SECTION 兒童早餐之選

### Kiddies Breakfast 80

Boiled Egg, Two Sausages, Baked Beans & Toast

兒童早餐配焗蛋,香腸,焗豆,多士

### Kiddies Pancakes 65

2 Pancake with Nutella

兒童班戟配榛子醬

### Boiled Egg & Soldiers 80

焗蛋多士條

## The Sides 配菜

Bacon, Sausage, Spinach, Salmon, Egg, Ham, Mushroom, Tomato, Baked Beans 20

煙肉,香腸,菠菜,三文魚,雞蛋,火腿,蘑菇,蕃茄,焗豆



# Drinks Menu

## SOFT DRINKS 30

Coke, Coke Light, Sprite, Tonic, Ginger Ale, Ginger Beer, Iced Lemon Tea, Lemon Squash, Lemon Lime Bitters, Gunner, Fresh Lime Soda, Orange Squash, Pineapple Squash

## FRUIT JUICE 40

Orange, Mango, Apple, Grapefruit, Pineapple, Cranberry Juice, Tomato, Coconut Water, Tropical Fruit Punch & Mixed Juices

## MILKSHAKE 50

Banana, Chocolate, Strawberry, Vanilla, Coffee, Caramel  
(Kids Shake, Smoothies or Juices +25)

## COFFEE

Regular Coffee, Macchiato, Espresso 35  
Double Espresso, Double Macchiato 45  
Cappuccino, Café Latte, Flat White, Mochachino 40  
Hot Chocolate, Iced Coffee, Iced Cappuccino, Iced Café Latte, Iced Flat White, Iced Mochaccino, Iced Chocolate (Skim Milk & Decaf Available)

## SMOOTHIES 50

Mango, Banana, Strawberry, Mixed Fruit, Blueberry, Raspberry

## MINERAL WATER 750ML 65

San Pellegrino or Panna Still Bottled

## TEA 35

Lipton's, Earl Grey, English Breakfast, Jasmine, Peppermint, Chamomile, Green Tea, Hot Lemon Tea



## BREAKFAST COCKTAILS All \$80 each



**Bloody Mary** - a classic of vodka, tomato juice, tabasco & Worcestershire sauce

**Bloody G & T** - Four Pillars Shiraz Gin & tonic water

**Aperitivo Spritz** - Aperol, Campari & soda water



## SPARKLING COCKTAILS All \$80 each



**Mimosa** - orange juice & prosecco

**Mango Bellini** - mango juice & prosecco

**Pamplamosa** - ruby red grapefruit juice & prosecco

